

QUEST

With Biblical Integration

- 5 minute **devotion** will be given at the beginning of each chapter with a corresponding memory verse that will be given as homework each week.
- Each chapter concludes with a **“Parent Page”** that is to be completed at home with their parent.
- **Supplemental Parent Pages** are offered to educate & inform parents so they are equipped to assist their child in addressing common challenges that may come up during the Quest journey (ie dating, porn, etc.) These will be placed on the school’s webpage for parents to access as needed (see attached).

Sample Devotion

Chapter 1 - The Crucible of Self-Control

Memory verse:

“Like a city whose walls are broken down, is a man who lacks self-control”.
Proverbs 25:28

The headlines on the front page of the Houston Post read: “Violent youths would as soon kill you as look at you”. Newspapers and tabloids overflow with headlines and articles about the drug-related deaths of popular young actors and rock stars. From the abuse of power to the abuse of substance, one theme is crystal clear: our society is in a corporate crisis caused by individual indulgence.

Lack of self-control kills self-respect, friendships, marriages, careers and ministries. Not one of us can boast that we’ve always avoided its clutches.

The believer’s struggle with self-control is ongoing, but praise be to God that it is available and attainable!

The Greek word for self-control is egkrateia which means continence, temperance, self-control. Its means restraining passions and appetites. The opposite is egkrateia means “excess, self-indulgence”.

WE are desperate for self-control and in its absence many are drowning in self-defeat!

The key to self-control is the refusal to allow our enemies (the flesh, the world or Satan) to rule or hold us captive in any way. What does “self” have to do with the issue of control? At the cross Christ has declared us to have victory over the flesh, our world and our accuser. Only self can invite one of these three enemies any rule in our lives.

Self makes the choice moment by moment over the issue of control. The Spirit-led self holds the power of no, yes and “not right now”. Self-control is an issue of mastery, authority and having boundaries.

According to Proverb 25:28 - Why do you think we need self-control?

Answer:

Because without self-control we are like a city with broken-down walls. To understand the significance of such a dilemma we must remember a crucial characteristic of ancient architecture: a city was only as secure as the walls which surrounded it. A city’s walls were its fortification. Archelologists estimate that three chariots could ride side by side on the wall of Nineveh. The walls of Babylon were so wide that six chariots could ride abreast on them. Their walls lent the reputation that they were “untouchable”!

Anything of value – must be protected!

Satan is on the look-out for that one crumbling section of your protective wall – that one out of control area – where he will enter and play havoc in your life! According to 1 Corth 6:19-20 the Holy Spirit dwells in our bodies which has become His temple.

The Charge: God calls us to walk in self-control and honor Him with our bodies!